

TABLE OF CONTENTS

HOW TO UMPIRE FIELD HOCKEY

BY CRISTOPHER MALONEY

Preface

About this book
Who am I and why am I teaching you to umpire?

The Sport of Field Hockey

The Game
The History
The Surface
The Field and Goal Cages
The Circle (The Scoring Zone)
The Special Plays
The Stick
The Athletes
 The Field Player
 The Goalkeeper
The Coach
The Fans
The Umpire
 Required Accoutrements

The Game Through Umpire-Colored Glasses

Two Umpires, One Field: How Does This Work?
Avoiding Dangers

Officiating

Preparation
 Subject Matter Expertise
 Scouting
 Psychological
 Physical
Basic Skills
 Whistling
 Signaling
Behavior Management Skills
 Carding
 Managing Players
 Managing Coaches
 Managing Parents and Fans
 Removing Players, Coaches, and Fans
Positioning Skills
Starting / Restarting Play
 Center Pass
 Side In
 Free Hit
 Corner (a.k.a. Long Hit)
 Bully

Managing Penalties

Add 10
Penalty Corner
Penalty Stroke

Dead-Ball Fouls

Defensive Foul on a Free Hit
Defensive Foul on a Corner (Long Hit)
Defensive Foul on a Penalty Corner
Goalkeeper Foul on a Penalty Stroke
Attacker Foul on a Penalty Stroke

Relationship of Location and Intent to Penalties

Location
Intent
Opportunity Lost
Judging Intentional & Unintentional Fouls

Logistics and Operations

Getting Games
Game Day
Going to the Game
Warming up Together
Pre-Game
First Whistle
Post-Goal
Half-Time and Time Outs
Post-Game

You Make The Call and Additional Advice

Obstruction
Danger and Dangerous Play
Aerials
Shots on Goal
Collisions
Simultaneous Whistles
Echoing Whistles
The Perils of Verbalizing Your Calls

Maloney's Colorful Field Hockey Rules Quiz

Final Whistle (Resources)

Websites and Books of Possible Interest
Handouts
 Field Hockey Rules 101
 Penalty Card Reminders