# THE TECHNICAL DELEGATE

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#### **#1: MOLDED FACE MASK**

These are photos of an athlete wearing a perfectly legal, molded face mask.







Goggles are legal for contests governed by NFHS modifications if the head coach says they meet ASTM Safety Standard











Goggles are illegal in contests governed by The Rules of Hockey and the NCAA modifications.

#### **#2: STICK CHECKS**

This brand new, not taped, TK goalkeeper stick would not fit through two different stick rings on September 24, 2004.

Another TK goalkeeper stick of the same model stick bought at the same time from the same vendor, slipped through both of the same stick rings without any trouble.

Not only brand new, non-taped goalkeeper sticks from TK have failed. Not only goalkeeper sticks have failed, though goalkeepers stand to gain the greatest advantage by using a stick that is wider than two inches.

Given the large number of brand new, non-taped sticks failing to pass through the stick ring, *all* umpires are asked to check *all* sticks prior to *all* scrimmages and competitions through to and including the second week of any given season.

Ring Stopped Here

### **#3: KNEE BRACES**

These are photos of an athlete wearing the perfectly legal DONJOY knee brace.

It is smooth, non-abrasive, made of fiberglass or plastic and molded to the athlete's body and, most important, has no sharp edge or point.

National Federation of State High School Associations rule book states in Rule 1 (The Game, Field, Players and Equipment), Section 6 (Player Equipment), Article 5.d: "If worn on parts of the body other than the face, the umpire shall require protective devices to be covered or padded if a sharp edge or point is exposed."

As it has no sharp edge or point and is no more dangerous than an athlete's unpadded knee, elbow, head or cleats—let alone a hockey stick or hockey ball—it is okay to play with this brace without covering or padding.



They come in different colors!



#### **#4: GLOVES**

This is a photo of gloves worn by field hockey athletes to protect their hands from turf, indoor hockey courts, hockey balls, and their opponents's sticks. Wearing these types of gloves, and similar gloves, is perfectly legal. Large gloves that significantly increase the size of the athlete's hands, like boxing gloves or ice hockey gloves, are illegal.

They are like shin guards in that they are padded protective devices.



## **#5: ILLEGAL STICK**

The Brine CD5000 is the only stick that is explicitly illegal because of its special design to "cup" the ball. No other stick, even those with "design cavities" in the round side of the stick or depressions on their flat side, have been ruled illegal.

